

Professional nursing in Canada

Course Content:

1. Historical approaches to health in Canada

- Discuss ways that definitions of health have been conceptualized.
- Discuss key health determinants and their interrelationships and how they influence health
- Describe three levels of health promotion.
- Analyze how the nature and scope of nursing practice are influenced by health determinants

2. Evaluation of the Canadian health care system

- Discuss principal factors influencing health care reform and the current health care system
- Discuss client rights to health care
- Identify various settings and models of care delivery in the Canadian health care system

3. Cultural diversity and health practices

- Understanding cultural assessment
- Performing cultural assessment
- Considering cultural issues related to family systems
- Respecting cultural preferences and lifestyle choices
- Describe how to promote health and wellness
- Discuss health screening
- Assessing cultural preferences and incorporating these preferences when planning and implementing care
- Respecting religious and spiritual influences on health
- Implementing therapeutic procedures considering cultural preferences

4. Ethical and legal issues

- Discuss the role of values in the study of ethics
- Examine and clarify personal values
- Discuss how values influence client care
- Explain the relationship between ethics and professional practice
- Apply a method of ethical analysis to a clinical situation
- Understand legal liability issues in nursing practice.
- Describe the legal responsibilities and obligations to nurses