

Holistic Health Assessment

Course Content

1. Critical thinking in health assessment

- Collecting data
- Developmental tasks and health promotion across life span
- The Complete health history
- Physical examination modes

2. Physical Examination

- Assessment techniques and the clinical setting
- Eyes: subjective and objective data
- Thorax and lungs: subjective and objective data
- Heart subjective and objective data
- Abdomen: subjective and objective data
- Musculoskeletal system: subjective and objective data
- Neurologic system: subjective and objective data
- Genitourinary system: subjective and objective data
- Lymphatic system: subjective and objective data

3. Integration of health assessment

- The complete health assessment
- Functional assessment of older adult